

THE GAP BAR AND GRILL

ENTRÉES

Garlic Bread (V) | 12
Freshly baked garlic bread with cheese

Soup of the Day | 12
Served with toasted bread

Bruschetta (V) | 14
Toasted warm bread with tomato, onion and pesto, topped with fetta cheese and balsamic glaze

Saganaki (GF/V) | 15
Pan fried Kefalograviera topped with a herb oil, served with Turkish bread

Salt & Pepper Calamari Entrée | 16
Served with a lemon and garlic aioli

Baby Octopus (GF) | 16
Marinated baby octopus with skordalia and a roasted capsicum puree

Dip Platter (V) | 18
Tzatziki, skordalia, capsicum and hommus, served with pita bread and Turkish bread

Tapas Plate for 2 | 24
Tzatziki, hommus, pita bread, Turkish bread, salami, spicy chorizo, roasted capsicum, olives, fetta cheese and baby octopus

BURGERS & WRAPS

All burgers & wraps are served with a side of chips

Beef Burger | 22
Smashed homemade beef patty, bacon, cheese, tomato, lettuce, caramelised onion, pickles, aioli and tomato relish

Southern Fried Chicken Burger | 22
Southern fried chicken, cheese, caramelised onion, lettuce, tomato and sriracha mayo

Lamb Souvlaki Wrap | 22
Lamb gyros from the spit, with lettuce, tomato, onion and tzatziki, in warm pita bread

Chicken Souvlaki Wrap | 22
Chicken gyros from the spit, with lettuce, tomato, onion and tzatziki, in warm pita bread

Mixed Souvlaki Wrap | 22
Lamb and chicken gyros from the spit, with lettuce, tomato, onion and tzatziki, in warm pita bread

Beef Kofta Wrap | 22
Beef kofta with lettuce, tomato, onion and tzatziki, in warm pita bread

HOST YOUR FUNCTION AT THE GAP

If you're looking for a stunning event space or a large group dining experience, enquire today!

info@thegapbarandgrill.com.au or (03) 8088 2155

MAINS

Southern Fried Chicken Parmigiana | 29
Southern fried chicken breast topped with Napoli sauce, ham and mozzarella cheese, served with chips and garden salad

Chicken Saltimbocca | 34
Chicken pieces with sage and prosciutto cooked in a creamy garlic and herb sauce, served with mash potato and vegetables

Veal Scallopini | 34
Tender pieces of veal served with mash potato and vegetables, topped with a creamy garlic and mushroom sauce

Veal Schnitzel | 34
Crumbed veal served with mash potato, vegetables and gravy

Lamb Shank | 35
Braised lamb shank in a rich tomato and herb sauce, on a bed of creamy mash potato

Crumbed Lamb Cutlets | 36
Crumbed lamb cutlets with mash potato, ciabotta and a sweet red wine gravy

Fish & Chips | 29
Battered fish, served with chips, garden salad and a side of lemon and garlic aioli

Salt & Pepper Calamari | 29
Fried salt and pepper calamari, served with chips, garden salad and a side of lemon and garlic aioli

Spanish Mussels | 29
Chorizo, chilli, onion and tomato, in a white wine sauce served with toasted warm bread

Grilled Barramundi (GF) | 34
Barramundi fillet served with chat potatoes, spinach, capsicum purée and topped with a spicy capsicum, garlic, olive and tomato sauce

OFF THE GRILL

Our steaks come with a choice of 2 sides and a sauce
Sides: Chips, mash potato, chat potatoes, salad or vegetables
Sauce: Mushroom gravy, red wine jus, peppercorn, garlic butter, gravy or reef sauce (\$10)

Porterhouse 300g | 42
Choice of 2 sides and a sauce

Rib Eye 400g | 49
Choice of 2 sides and a sauce

Beef Skewers | 29
Beef kofta, served with chips, Greek salad, skordalia, pita bread and lemon

Chicken Skewers | 32
Grilled chicken skewers with onion and capsicum, served with chips, Greek salad, capsicum dip, pita bread and lemon

Lamb Skewers | 34
Grilled lamb skewers with onion and capsicum, served with chips, Greek salad, skordalia, pita bread and lemon

GF: Gluten free
V: Vegetarian

SPIT ROASTED GYROS

Chicken Gyros | 32
Marinated chicken from the spit, served with chips, Greek salad, tzatziki, pita bread and lemon

Lamb Gyros | 34
Marinated lamb from the spit, served with chips, Greek salad, tzatziki, pita bread and lemon

Mixed Gyros | 34
Marinated lamb and chicken from the spit, served with chips, Greek salad, tzatziki, pita bread and lemon

SHARE PLATTER

Meat Platter | 95
Lamb gyros, lamb skewers, chicken gyros, chicken skewers, beef kofta, chips, pita bread, skordalia, Greek Salad and tzatziki

Seafood Platter | 95
Battered fish, grilled baby octopus, fried calamari, Spanish mussels, battered prawns, chips, Greek salad and lemon and garlic aioli

PASTA & RISOTTO

Penne Bolognese | 22
In traditional Bolognese sauce

Penne Calabrese | 24
Spring onion, red capsicum, salami, spinach, olives and chilli, in a Napoli sauce

Spaghetti Carbonara | 24
Bacon, spring onion and parmesan in a creamy garlic sauce

Pappardelle Vegetarian (V) | 24
Sautéed mushroom, spring onion, spinach and roasted vegetables, in a Napoli sauce

Pappardelle Lamb Ragù | 28
Slow cooked lamb shoulder pulled apart in a rich tomato, garlic and red wine sauce

Lasagna Al Forno | 28
Layered pasta sheets, traditional Bolognese sauce, béchamel and cheese

Spaghetti Garlic Prawns | 29
Prawns in a creamy confit garlic sauce

Spaghetti Marinara | 32
Prawns, calamari, mussels, cherry tomatoes and garlic, in a white wine sauce

Capsicum & Pesto Risotto (GF/V) | 24
Roasted capsicum, semi-dried tomatoes, spinach and pine nuts, in a creamy basil pesto sauce

Chicken & Mushroom Risotto (GF) | 26
Chicken, mushroom and spinach, in a creamy sauce

Paella (GF) | 34
Mussels, prawns, calamari, chorizo sausage, capsicum and peas, cooked in a saffron rice

KIDS MENU

All kids meals come with vanilla ice cream for dessert

Kids Pita Pizza | 14
Napoli sauce topped with ham and cheese

Kids Spaghetti Bolognese | 14
In traditional Bolognese sauce

Kids Chicken Tenders & Chips | 14
Fried chicken tenders and chips, served with a side of tomato sauce

Kids Calamari & Chips | 14
Served with lemon and garlic aioli

Kids Fish & Chips | 14
Served with tomato sauce

Kids Cheeseburger & Chips | 14
Smashed homemade beef patty, cheese, tomato sauce and a side of chips

SALADS

Grilled Chicken Salad (GF) | 24
Spinach, semi-dried tomato, onion, parmesan, pine nut, pumpkin and chicken tenders, in a lemon dressing

Warm Seafood Salad (GF) | 28
Mixed salad leaf, tomato, onion, cucumber with mussels, calamari and prawns, in a lemon dressing

Grilled Lamb Salad (GF) | 26
Cos lettuce, onion, tomato, cucumber, olives, fetta cheese, grilled lamb and a side of tzatziki

Greek Salad (GF/V) | 15
Cucumber, tomatoes, red onion, olives, cos lettuce and fetta, in a lemon dressing

Warm Roasted Vegetable Salad (GF/V) | 19
Spinach, roasted vegetables and chat potatoes, in a capsicum dressing

SIDES

Mash Potato | 10

Seasonal Vegetables | 10

Bowl of Chips | 10

Rosemary and Garlic Chat Potatoes | 10

Pita Bread | 3

Turkish Bread | 3

Tzatziki | 7

Hommus | 7

Skordalia | 7

Capsicum Dip | 7



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